

CYCLE: 2011

sponsored by Northern Star Council Training & Totanhan Nakaha Lodge 16

May 20-22, 2011

Phillippo Scout Reservation

Cost: \$10 per youth or adult (does NOT include food)

ALL Scouts, Adults, & Venturers are invited and encouraged to attend...register as a UNIT.

"Council Youth Camping & Leadership Experience," or CYCLE, is EXTREME TRAINING in an outdoor classroom, where Scouts have the chance to work together to complete tasks and compete in games, learning leadership and problem solving along the way! Our youth-designed, youth-conducted program offers separate "TIERS" to meet the needs of Scouts, Venturers, and Scouters at different experience and ability levels. This year's theme focuses programming on First Aid and Emergency Preparedness; a brief overview of our Tiers is below:

Tier 1: Scout Rank – Second Class Rank

Morning and Afternoon sessions will cover the following activities/leadership skills:

- Team Building Games and Getting-to-Know-You Exercises
- Great Scouting Opportunities for Scouts of all ages
- Basic First Aid Review
- Exciting Realistic First Aid Demonstration
- ✓ *Tier 1 activities will review some requirements related to the Tenderfoot – First Class Rank first aid training. More information will be provided to Scoutmasters and Senior Patrol Leaders upon arrival at camp on Friday night.*

Tier 2: First Class Rank – Star Rank

Morning and Afternoon sessions will cover the following activities/ leadership skills:

- Wilderness Survival "Challenge"
- The importance of planning.
- Advanced Problem Solving Skills.
- The "Disaster Zone": A team-oriented challenge, building survival shelters and solving other simulated survival problems.
- ✓ *Tier 2 activities will review some requirements for Wilderness Survival Merit Badge. More information will be provided to Scoutmasters and Senior Patrol Leaders upon arrival at camp on Friday night. Participating Tier 2 Scouts will sleep outdoors in their shelters Saturday night (weather permitting).*

Tier 3: Life Rank – Eagle Rank

Morning and Afternoon sessions will cover the following activities/ leadership skills:

- The EDGE teaching method along with an experiential review of Basic First Aid Skills.
- Learn how to effectively stage a realistic first aid demonstration for other Scouts.
- Prepare a short lesson teaching one of the first aid techniques reviewed.
- Lead/Teach Basic First Aid skills to Tier 1 Scouts
- Practice moulage (realistic wound creation) techniques on live “victims”
- ✓ *Tier 3 activities will review some requirements for the First Aid & Communications Merit Badges. More information will be provided to Scoutmasters and Senior Patrol Leaders upon arrival at camp on Friday night.*

“A-Team” (Adult Leader Tier)

Morning and Afternoon sessions will cover the following activities/ leadership skills:

- Adults will participate in exercises mirroring the three Tiers at CYCLE to get a better understanding of the training being provided.
- Leaders will also review important information regarding Scout Safety, boy-leadership, and ways of reinforcing the skills taught to their youth at CYCLE.
- Each adult will also leave with a “Leaders Guide” full of resources meant to further their Troops’ leadership training curriculum.
- Adults will also participate in the first aid instruction, tasked with creating their own injuries using moulage techniques.
- Resources in the Leaders Guide will provide other ideas to share with your Senior Patrol Leader for recreating this program for your Troop or for other Scout/youth groups.

Venture Programming & Advanced Search and Rescue Drill

Specific Venture training and recognition opportunities, along with a special Search and Rescue demonstration/activity will be offered to older Scouts and participating Venturers/Explorers. More information will be provided on the CYCLE Training Page (see below) and at registration on Friday night.

Find more information, registration details, and updates at:

<http://training.nsbsa.org/info/CYCLE.aspx>

Registration is NOW OPEN!!!